

Hard n fast 2023 series 4 5km

Pl	Bib	Name	Time
1	114	Taurea. Akarana	27:14.9
2	118	Te Tumu J19. CIOCA	27:37.6
3	115	Maranga Tane. Te Paerangi	27:44.7
4	117	OB Blues Bros. Ocean Blue	28:13.9
5	119	Exhibition. Samoa	28:22.2
6	105	TTCC Mxed Up. Tui Tonga	28:26.2
7	104	TTCC Mixed. Tui Tonga	29:02.5
8	106	Puutake. Te Pou Herenga	29:45.1
9	103	Ikurangi. CIOCA	30:46.4
10	109	Manu Wai Black. MOCCI	30:55.7
11	110	Tamaki J16s. Tamaki OCCI	32:02.3
12	102	Portage JRS. Portage Crossing	32:27.6
13	108	S.o.B Lalelei. Pakuranga OCC	32:50.7
14	112	Maranga wahine. Te Paerangi	33:19.6
15	101	Te Puaha. Nga Kaihoe O Te Puaha	33:31.9
16	107	Waimahia. Te Pou Herenga	34:32.1
17	113	Taurea Tamahine. Akarana	35:19.5
18	111	Tanaki J16s. Tamaki OCCI	35:47.3
19	116	Manu Wairere. Manukau OCCI	38:25.0

Hard n Fast 2023 series 4 10km

Pl	Bib	Name	Time
1	315	Tuâ□□i Tonga. Tui Tonga	46:28.2
2	306	Aâ□□arua. Orakei Water Sports	46:49.5
3	311	Te Tumu. CIOCA	49:46.3
4	305	Taurea Black. Akarana	49:58.6
5	317	Matukutureia. Te Pou Herenga	50:35.9
6	307	Te Awaroa Tane. Tu Tangi Ora	51:02.6
7	314	Portage OM. Portage Crossing	52:17.8
8	328	Vaka Manu Black SMM. Manukau OCCI	52:45.0
9	304	Tavake. Akarana	53:07.3
10	316	Matukutururu. Te Pou Herenga	53:28.4
11	301	Ghost Chips. Rangaunu	53:42.4
12	327	Vaka Manu Black GMM. Manukau OCCI	54:08.2
13	303	Hawaiki. Akarana	54:18.2
14	325	Whau Sure. Waitakere Outrigger CC	54:24.1
15	313	Portage Malohi. Portage Crossing	55:05.4
16	320	Portage Pumau. Portage Crossing	55:20.4
17	321	Iron Maidenz. Waitakere Outrigger CC	55:31.5
18	312	Te Tumu OM. CIOCA	55:42.0
19	322	Taniwha Roto Wahinez. Taniwha	55:53.6
20	324	TnT Mix. Waitakere Outrigger CC	58:29.0
21	302	Poerava. Akarana	59:03.2
22	310	Aratika On The Edge. Aratika	59:16.7
23	326	Maranga. Te Paerangi	1:01:17.9
24	308	Okaihau Wahine. Tu Tangi Ora	1:01:30.4
25	329	Heilala. Tui Tonga	1:01:36.0
26	323	Nga Hau E Wha. Waitakere Outrigger CC	1:03:25.0
27	318	Nga Matukurua. Te Pou Herenga	1:05:08.2
28	319	Aratika Wananawa. Aratika	1:07:32.8
29	309	Portage J19 Girls. Portage Crossing	1:07:38.6